

Hannah Lynn Nicole Stewart, MPH

Hannah.L.Stewart@uth.tmc.edu

Education

University of Texas Health Science Center at Houston, School of Public Health Matriculated: August 2020
PhD Student – Department of Health Promotion & Behavioral Science
Dissertation: Legal Actors' Attitudes and Decision Making Processes in Civil Commitment Proceedings: A Grounded Theory Study
Advisor: Dr. Sheryl McCurdy

University of Southern California – Los Angeles, CA Degree Conferred: December 2018
Masters of Public Health – Global Health Leadership
Practicum: Serious Mental Illness on Skid Row, Los Angeles: Implications for Localizing the Sustainable Development Goals to Serve People Experiencing Homelessness

Baylor University – Waco, TX Degree Conferred: May 2014
Bachelors of Science – Psychology
Thesis: Neurobiology of Combat-Induced Post-Traumatic Stress Disorder

Teaching and Mentoring Experience

PHD 1118 – Advanced Qualitative Methods July 2022 – January 2023
Graduate Teaching Assistant – 50% FTE
Supervisor: Drs. Marie Brault and Sheryl McCurdy

- Assists faculty members with the delivery of a doctoral-level qualitative methods courses by serving as the instructor of a course section with an enrollment of approx. 35 students.
- Provides robust, student-centered feedback to ensure doctoral students master skills related to interviewing, interview guide development, and field notes.
- Conducts mock interviews and focus groups to provide in-class opportunities for guided mastery
- Delivers teaching modules on in-depth qualitative collaborative data analysis and participatory methods for qualitative research.

PHWM 1110 – Health Promotion and Behavioral Science in Public Health June 2022 – August 2022
Graduate Teaching Assistant – 50% FTE
Supervisor: Drs. Nicole Hare-Everline & Nola Eugene

- Assisted faculty members with the delivery of a Masters-level health promotion course to approximately 40 enrollees
- Built, organized, and implemented web-based learning activities through Canvas Learning Management System
- Hosted weekly office hours and writing groups to provide synchronous opportunities for online students to interact with both teaching team and peers.

PHWM 5015 – Introduction to Qualitative Research January 2022 – June 2022
Graduate Teaching Assistant – 25% FTE
Supervisor: Dr. Aubrey Shay

- Assists faculty members with the delivery of a Masters-level qualitative methods courses by serving as the instructor of a course section with an enrollment of approx. 40 students.
- Provides robust, student-centered feedback to ensure both grade improvement and overall skill mastery.

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- Hosts office hours and writing groups to provide synchronous opportunities for online students to interact with both teaching team and peers.
- Delivers teaching modules on in-depth qualitative interviewing, focus groups, and ethnography.

Polygence

November 2021 – Present

Student Research Mentor

- Currently serves as mentor in Polygence's pro bono program which provides mentoring and research training to young scholars from low- and middle-income countries
- Provides one-on-one mentoring to high school and undergraduate students wanting to develop independent research projects.
- Creates learning plans customized to the students' skill gaps and research project to facilitate the completion of said research project over ten skill building sessions. Skill sessions include research ethics, instrument selection, basic statistical skills, and manuscript preparation.

The MENA-USA Empowering Resilient Girls Exchange

June 2021 – April 2023

Program Facilitator

- Delivers a hybrid, eight-week course related to mental health, wellbeing, and resilience to young women living in both the USA and MENA regions.
- Facilitates cross-cultural learning and relationship building in synchronous online activities.
- Provides individual mentoring as group members prepare applications to internships or higher education.

Research Experience

Generation Mental Health (GenMH)

September 2021 – Present

Chief Research and Knowledge Officer

Supervisor: Jaclyn Schess

- Oversees the research program at a youth-focused, lived-experience centric nonprofit, including serving as the direct supervisor of research assistants and interns
- Develops research protocols to fill identified organizational needs and gaps, including the development of survey instruments, in-depth interview/focus group guides, and recruitment/retention plans
- Provides consultation to outside research organizations on the inclusion and engagement of people with lived experience of mental health concerns in research endeavors

Project HOMES

October 2020 – Present

Graduate Research Assistant – 100% FTE

Supervisor: Drs. Sheryl McCurdy and J. Michael Wilkerson

- Tracks policy and legislation relevant to substance use, recovery residences, and medication assisted recovery (formerly called medication assisted treatment)
- Develops virtual and in-person trainings for research staff on mental health crises and co-occurring substance use and psychiatric disorders
- Collects and analyzes qualitative interview and ethnographic data related to the operation of recovery residences throughout the State of Texas

United States Agency for International Development (USAID)

October 2022 – August 2023

Consultant for the Mental Health and Psychosocial Support (MHPSS) Working Group

Supervisor: Dr. Paul Bolton

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- Provides input on the development of the Agency's first mental health and psychosocial support policy
- Leads policy consultation interviews and focus groups with diverse members of the lived experience community
- Writes consultation summary reports for both technical and lay audiences
- Conducts scoping reviews on global mental health, capacity building, and lived experience engagement

United States Agency for International Development (USAID) – September 2020 – September 2022

Intern for the Mental Health and Psychosocial Support (MHPSS) Working Group

Supervisor: Dr. Paul Bolton

- Hosts virtual trainings on lived experience engagement for USAID programming
- Conducts qualitative interviews with MHPSS experts from across the globe on best practices and intervention development and dissemination
- Conducts literature reviews on MHPSS topics, such as stigma, for dissemination within the working group

Global Mental Health Peer Network

Co-Lead for Research Sub-committee (Appointed February 2022)

August 2019 – October 2023

Regional Lead for the Americas Region (Appointed July 2020)

Executive Committee Member (August 2019 – July 2020)

Supervisor: Charlene Sunkel and Claudia Sartor

- Represents the United States' mental health user population and those with lived experience with mental health concerns to the Executive Committee of the GMHPN
- Acts as an advisor and advocate for said population, including meeting with legislators, speaking at conferences, and appearing on media formats to speak about rights-based approaches to mental healthcare
- Collaborates with stakeholders working in mental health to provide support and establish communication between groups on the ground and the international organization
- Serves as a guest reviewer for *The Lancet Psychiatry* on issues related to psychosocial disability and lived experience engagement

Global Environmental Health Lab - Myanmar

May 2019 – January 2021

Research Scholar

Supervisor: Dr. Tomoyuki Shibata

- Analyzed surveillance data mental health and occupational health outcomes in Myanmar; prepared manuscript and conference abstract submissions
- Facilitated both research ethics and manuscript writing workshops for partners at Mandalay University in Myanmar.
- Piloted research studies with local partners around climate change and mental health in Myanmar.
- Presented updates on in-country partnerships to officials and representatives of the government of Myanmar.
- Currently involved in the preparation of abstracts and manuscripts related to GEH Lab's work in Myanmar.

Awards & Honors

Winner, Annual Meeting Poster Competition

The International Society for Psychological and Social Approaches to Psychosis – United States Chapter

2023

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Scholarship for Continuing Education in Research Techniques	Rice University – School of Social Sciences	2023
Student Assembly Annual Meeting Scholarship	American Public Health Association – Student Assembly	2023
L. Kay Bartholomew Eldredge Family Endowed Scholarship in Health Promotion and Behavioral Science	University of Texas Health Science Center at Houston	2023
Texas Substance Use Symposium Conference Scholarship	The University of Texas at Austin, School of Pharmacy	2023
Palmer Beasley Award for Global Health	University of Texas Health Science Center at Houston	2022
LEAD Global Mental Health Training Program	Washington University in St. Louis <i>Funding provided through the National Institutes of Health's Minority Research and Health Disparities Training (T37MD014218)</i>	2022
Healthy Neighborhood Study Emerging Scholars Fellowship	Healthy Neighborhoods Research Consortium <i>Funding provided by the Robert Wood Johnson Foundation</i>	2022
Thomas F. Burks Award for Academic Merit	University of Texas Health Science Center at Houston	2022
Outstanding New Student Scholarship	University of Texas Health Science Center at Houston	2020
Top Scoring Early Career Professional Abstract Award	American Public Health Association - International Health Section	2020

Other Service

American Journal of Public Health Student Think Tank	American Journal of Public Health	2024-Present
Protection & Advocacy for Individuals with Mental Illness Council	Disability Rights Texas	2023-Present
Trainee Advisory Council	Consortium of Universities for Global Health	2023-Present

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Student Representative, School-Wide Curriculum Council	UTHealth School of Public Health	2023-Present
Member, Public Policy Committee	National Alliance on Mental Illness - Texas	2022-Present
President, Student Society for Global Health (SSGH)	University of Texas Health Science Center at Houston	2021-2023
Director of International Affairs, Student Society for Global Health	University of Texas Health Science Center at Houston	2020-2021
Chair, Membership Committee	American Public Health Association's International Health Section	2019-2022

Publications – Peer Reviewed

Vandermause, R., Kryah, R., Bertram, J., **Stewart, H.**, Ean, N., Bruce, S., Carrico, A., Mannarino, J. & Paul, R. (2024). Leveraging qualitative approaches to guide sustainable international research collaborations. *PLOS Global Public Health* [In press].

Gallardo, K.R., Wilkerson, J.M., **Stewart, HLN.**, Zoschke, I.N., Isaacs, C., & McCurdy, S. (2024). “Being here is saving my life”: Experiences of living in Recovery Residences for People taking Medication for an Opioid Use Disorder. *Journal of Substance Abuse Treatment*, 158. 209-242.

Inkster, B., O'Brien, R., Niederhoffer, K.,...**Stewart, H.**...Insel, TR. (2020). Early warning signs of a mental health tsunami: A coordinated response to gather initial data insights from multiple digital service providers. *Frontiers in Digital Health*, 2, 64. <https://doi.org/10.3389/fdgth.2020.578902>

Deweese, M. M., Claiborne, K. N., Ng, J., Dirba, D. D., **Stewart, H. L.**, Schembre, S. M., and Versace, F. (2015). Dispensing apparatus for use in a cued food delivery task. *MethodsX*, 2, 446-457.

Publications – Other

Phalen, Miller, R., Frampton, B., Jones, N., Machin, K., Rose, D., **Stewart, H.**, & Carras, M. C. (2022). Peer support for discharge from inpatient mental health care. [Correspondence]. *The Lancet Psychiatry*, 9(7), 541–542. [https://doi.org/10.1016/S2215-0366\(22\)00101-8](https://doi.org/10.1016/S2215-0366(22)00101-8)

Stewart, HLN., Jackman, M., Agarwal, S., Abanga, MA., Kyalo, C., Mkorongo, A., Hagianu, RM., Athie, K., Jammalamadugu, SB., Misganaw, E., Mudzamba, P., McIntosh, K. Perspectives of lived experience across continents: Our reality and call for universal health coverage. [Comment]. *The Lancet Psychiatry*. (January 2021).

Conference Presentations

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Gallardo KR, Wilkerson JM, Zoschke IN, **Stewart HLN**, Henry EA, McCurdy SA. Resident Perspectives on How Recovery Residences Promote Medications for Opioid Use Disorder Initiation and Support the Medication-Assisted Recovery Pathway. The College on Problems of Drug Dependence Annual Meeting, Montreal, Canada, June 15-19, 2024, Poster presentation.

Gallardo KR, Wilkerson JM, **Stewart HLN**, Zoschke IN, Gillespie D, Rodriguez SA, McCurdy SA. Emerging adults' experiences of recovery supportive peers in recovery residences. 2024 Joint meeting on Youth Prevention, Treatment and Recovery, Baltimore, MD, March 18-20, 2024. Poster presentation.

Zoschke, IN, Wilkerson, JM, Gillespie, D., **Stewart, HLN**, Gallardo, KR, Rodriguez, S., McCurdy, S. Staff Perspectives on how to sustain substance use recovery housing for people taking medications for opioid use disorder. Accepted. 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA, March 13-16, 2024. Poster presentation.

Schess, J., **Stewart, HLN.**, Ebeh, E., Pelemo, K. Lessons learned from the implementation of a funded fellowship for university mental health advocates. Annual Meeting of the Consortium of Universities for Global Health. Los Angeles, CA, March 7-10, 2024. Oral presentation.

Vandermause, R; Kryah, R.; Bertram, J.; **Stewart, HLN.**; Ean, N.; Bruce, S.; Carrico, A.W.; Mannarino, J.A.; and Paul, R.H. Leveraging qualitative approaches to guide sustainable international research collaborations. Midwest Nursing Research Society, Minneapolis, MN. March 2, 2024. Oral presentation.

Stewart, HLN, Wilkerson, JM, Gallardo, KR, Zoschke, IN, Gillespie, D, Rodriguez, SA, McCurdy, S. "I had some misconceptions about what MAT was in the beginning": A qualitative exploration of shifting attitudes towards medications for opioid use disorder among the recovery workforce. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

Zoschke IN, Wilkerson JM, Gillespie D, **Stewart HLN**, Blue JR, Gallardo KR, Rodriguez S, McCurdy SA. Staff perspectives on recruiting and retaining successful house managers in recovery residences serving people in medication assisted recovery. Accepted. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

Gillespie, D, Wilkerson JM, Gallardo, KR, Zoschke, IN, **Stewart HLN**, Rodriguez SA, McCurdy S. Staff perspectives on resident needs in recovery homes serving people taking medications for opioid use disorder. Accepted. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

Gallardo, KR, Wilkerson JM, Zoschke, IN, **Stewart HLN**, Henry, EA, Rodriguez SA, McCurdy S. Recovery residence facilitators of medication assisted recovery: Resident perspectives. Accepted. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

McCurdy, S, Gallardo, KR, **Stewart, HLN**, Zoschke, IN, Rodriguez SA, Wilkerson, JM. Moving from isolation to community: Finding refuge in social model of recovery homes. Accepted. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

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- Stewart, HLN.**, Wilkerson, J.M., Gallardo, K., Zoschke, I.N., McCurdy, S. "We would never want our house managers to play therapist": Managing the mental health of recovery home residents using Medication-Assisted Recovery (MAR). American Public Health Association. Atlanta, GA, November 12-15, 2023. Poster presentation.
- McCurdy, S., Gallardo, K., **Stewart, HLN.**, Zoschke, I.N., Wilkerson, J.M. Housing and recovery journeys of people in medically assisted recovery: Stories from five urban areas in Texas. American Public Health Association. Atlanta, GA, November 12-15, 2023. Oral presentation.
- Gallardo, K.R., Wilkerson, J.M., **Stewart, HLN.**, Zoschke, N., & McCurdy, S. Residents' feelings, reactions, and experiences related to recovery residences' policies around accessing and taking their medication for opioid recovery. American Public Health Association, Atlanta, GA, November 12-15, 2023. Poster presentation.
- Stewart, HLN.**, Schess, J. Esposito, E., Joy, A., Sander, M., Bennett-Li, L. Research and policy advocacy self-efficacy of mental health advocates in the Global South. National Institute for Mental Health's 12th Global Mental Health Research Without Borders Conference. Bethesda, MD, October 30-November 1, 2023. Poster presentation.
- Stewart, HLN.**, Wilkerson, J.M., Gallardo, K., Zoschke, I.N., McCurdy, S. Recovery housing: Challenges and opportunities for people with histories of psychosis and extreme experiences. International Society for Psychological and Social Approaches to Psychosis – US. Newark, NJ, October 27-29, 2023. Poster presentation.
- Jayaraman, P., **Stewart, HLN.**, Jones, E.C., & McCurdy, S. Impact of Flood Exposure and Family Functioning on Post-Traumatic Stress Disorder and Depression Symptom Severity Among Minoritized Communities in the Wake of Hurricane Harvey Poster Presented at 4th Global Health Conference. El Paso, Texas. April, 2023
- Stewart, HLN.**, Wilkerson, J.M., Gallardo, K., Zoschke, N., McCurdy, S. Texas Drug Policy: A Retrospective Analysis of the 87th Legislative Session. Texas Substance Use Symposium, San Antonio, TX, March 27-28, 2023.
- Zoschke, N., **Stewart, HLN.**, Gallardo, K., McCurdy, S., Wilkerson, J.M. Tobacco and Nicotine Use in Recovery Residences, Implications for Cessation. Texas Substance Use Symposium., San Antonio, TX, March 27-28, 2023.
- Wilkerson, JM, Atkinson, J., Zoschke, IN., Gallardo, KR., **Stewart, HLN.**, McCurdy, S. Recovery Residences: A Novel Venue for HIV-Prevention Among Former Injection Drug Users. Society for Public Health Education, Atlanta, GA, March 21-24, 2023.
- Esquenazi-Karonika, S., Haidar, L, Parson, R., Willa, A., **Stewart, HLN.**, Brault, M., & McCurdy, S. Food for Thought: Lessons Learned from a Qualitative Analysis of University-Based Food Pantry Providers. Society for Public Health Education, Atlanta, GA, March 21-24, 2023.

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Jayaraman, P., **Stewart, HLN.**, Jones, EC, & McCurdy, S. Can Prior Flood Exposure Mitigate Post-Traumatic Stress Disorder Risk Among Minoritized Communities After Hurricane Harvey? Poster Presented at 2nd Annual Summit on Mental Health and Climate Change. Burnaby, Canada. February, 2023

Gallardo, K.R., Wilkerson, J.M., **Stewart, HLN.**, Zoschke, N., Isaacs, C. & McCurdy, S. Recovery Residences for People taking Medication for Opioid Use Disorder: Residents' Perceptions and Experiences. American Public Health Association, Boston, MA, November 6-9, 2022.

McCurdy, S., Gallardo, KR., **Stewart, HLN.**, Zoschke, IN., & Wilkerson, J.M. Opening opioid recovery residences with medication assisted treatment: Trials and tribulations. Oral presentation at the Annual Meeting of the Society for Applied Anthropology, Salt Lake City, UT, March 22-26, 2022.

Gallardo, KR, Wilkerson, JM, **Stewart, HLN.**, Zoschke, IN., & McCurdy, S. Residents' perceptions and experiences living in recovery residences for people using medication assisted treatment for an opioid use disorder. Poster presentation at the Texas Substance Use Symposium, Corpus Christi, TX, March 24-25, 2022.

Stewart, HLN., Ringstad, K., San, CC., Aye, HK., Than, AA., Oo, KT., Than, M., Win, T., Aye, TT., West, H., Milkowska, M., Galarza, L., Bell, SA., Meng, C., and Shibata, T. Impact of natural disasters on mental health outcomes of first responders in central Myanmar. Poster presentation at the Annual American Public Health Association Meeting and Expo, Virtual, October, 24-28, 2020.

Garcia, D., **Stewart, H.**, Moe, C., Aye, HK., Noe San, MM., Sin Zaw, MT., Nyein, KK., Mar Phyoe, DZ., Metoyer, D., and Shibata, T. Caregiver knowledge, practices, and attitudes regarding dengue fever in Mandalay, Myanmar. Oral presentation at the Annual American Public Health Association Meeting and Expo, Virtual, October, 24-28, 2020.

Stewart, HLN. Mental illness and homelessness from the female perspective: Insights from Los Angeles County. Poster presentation at the American Society of Tropical Medicine and Hygiene Annual Meeting, National Harbor, MD, November 20-24, 2019.

Stewart, HLN. Mental illness as a driver of chronic homelessness in Los Angeles County. Poster presentation at the Annual American Public Health Association Meeting and Expo, Philadelphia, PA, November 2-6, 2019.

Deweese, M. M., **Stewart, H. L.**, Claiborne, K. N., Robinson, J.D., Cinciripini, P. M., Codispoti, M., and Versace, F. The effects of stimulus repetition on early and late brain responses to cigarette cues in smokers and never-smokers. Poster presentation at the Annual Meeting of the Society for Psychophysiological Research, Vienna, Austria, October 11-15, 2017.

Deweese, M. M., **Stewart, HLN**, Claiborne, K. N., Robinson, J.D., Cinciripini, P. M., Codispoti, M., and Versace, F. Cigarette cues capture attentional resources of smokers and never-smokers, but for different reasons. Poster presentation at the Annual Meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy, March 8-11, 2017.

Deweese, M.M., **Stewart, HLN**, Claiborne, K.N., Ng, J., Cinciripini, P.M., and Versace, F. Affective

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modulation of the late positive potential following repeated exposure to cigarette cues in smokers and never-smokers. Poster presentation at the Annual Postdoctoral Science Symposium, University of Texas MD Anderson, Houston, TX, September 8, 2016.

Guest Lectures and Invited Talks

Mobilizing youth for NCD prevention and control during the COVID pandemic, WHO Civil Society Working Group on NCD's, Webinar, June 15, 2020. Webinar Panelist.

Time Will Tech – Exploring the Intersection of Homelessness + Technology, Occidental College, Los Angeles, CA, April 18, 2019. Conference Panelist.

Occidental College. Spring 2019. Social Enterprise Course. Invited Guest Lecturer:

- “Localizing the Sustainable Development Goals for Social Good”. February 21, 2019.
- “Why Human Rights Matter in Enterprise”. March 04, 2019.